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MARY'S PLACE BY THE SEA TO HOST 13TH ANNUAL WALK-A-THON, 6TH ANNUAL 5K RUN ON SATURDAY, OCTOBER 12, 2024

Ocean Grove, New Jersey – Mary's Place by the Sea will host its 13th Annual Walk-A-Thon and 6th Annual 5K Run on Saturday, October 12th, 2024 on Ocean Pathway in Ocean Grove, New Jersey.

Since its founding in 2009, the mission of Mary's Place by the Sea has supported over 15,000 women with cancer through retreats and integrative services which complement their medical treatment and support their healing: mind, body & soul. During a stay at Mary's Place, guests have the opportunity to participate in a variety of holistic services like oncology massage, nutrition education, individual counseling, Reiki, guided meditation, expressive writing, and yoga. The non-profit organization offers both virtual and in-person integrative services to women with cancer in hopes of providing communal support and healing.

Registration for the 2.5 mile walk or the 5K run can be completed online at

runsignup.com/marysplacebytheseawalk2024. Once registered, walkers and runners will have the option to create a fundraising page, where they can have family and friends sponsor their efforts. All proceeds raised from this annual fundraising event go towards covering the cost of all services, meals and accommodations for the guests of Mary's Place by the Sea.

This year Mary's Place by the Sea celebrates their 15 Year Milestone Anniversary and to continue the celebration, the annual Walk/Run will include a Pat Roddy Band performance on stage on the Pathway. Participants will be able to shop at a traditional vendor market, in addition, enjoy food from a variety of food vendors and food trucks. The event will run from 8:30AM to 1:00PM. The celebration will kick off immediately following the Walk.

"This annual event is overwhelming to see a large community gather to show love and support for those touched by cancer. It is for our guests, their family and friends, those who have lost loved ones and finally all those who have joined our Mary's Place community over the past 15 years. Please join us to celebrate, we can't wait to see you!" said Michele Gannon, Executive Director and a Founder of Mary's Place by the Sea.

Sponsorship and vendor registration is open until Monday, September 30th. Please contact Kimberly Hughes at 732-455-5344 or <u>khughes@marysplacebythesea.org</u> for more information. Walker, Runner and Team online registration will be open until Thursday, October 7th. Visit <u>runsignup.com/marysplacebytheseawalk2024</u> to sign up. In person registration will be available on the day of the event.

More about Mary's Place by the Sea:

Mary's Place by the Sea provides wellness retreats for women with a cancer diagnosis. Guests of Mary's Place are provided with unconditional care during their time of need at NO COST. During day retreats and two-night retreats, guests experience integrative services, such as oncology massage, nutritional counseling, guided meditation, yoga, expressive writing, and much more. Mary's Place by the Sea operates out of a state-of-the-art, custom built, ten-bedroom home, located at 22 Main Avenue in Ocean Grove, New Jersey. In addition to its in-person program, virtual services are also offered. Since its founding in 2009, Mary's Place has served 15,000 women with cancer. Mary's Place by the Sea is a nonprofit 501(c) 3 organization. To watch a video to learn more about Mary's Place please go to: https://youtu.be/5VvOUOGDgRk